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**Butterflies and basketball among the few winter break options**

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**It started with a 'sanitary department'**

The gritty 125-year history of the student health center includes tales of altruistic doctors who juggled such duties as coach, professor or sanitation inspector.



1930s ISU hospital

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**Commencement is Dec. 18-19**

An estimated 1,581 students will receive degrees during winter commencement events Dec. 18-19.

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**State Gym lots will close soon**

Two parking lots will be closed soon for State Gym remodeling and construction. Lots 1 and 59A may close as early as the week of Dec. 21.

**Announcements**

- ComETS symposium is Feb. 18
- Reading tutoring for children in grades 1-8
- H1N1 vaccination clinics open to all; campus clinic is Dec. 18
- Some seasonal flu vaccines still available in Occupational Medicine
- Chemistry Stores alters schedule for winter break
- Give the gift of sight for \$6

**Receptions & open houses**

## Reception

- Commencement, Dec. 19

## Retirements

- Larry Huisman, Dec. 17
- Jeanne Bohning, Dec. 18
- Judi Twedt, Dec. 18
- Dorothy Bartels, Sharon Kenagy, Barbara Johnson, Judy Lande, German Lara, Dianna Sutton and Ida Williams, Dec. 21
- Duane Smith, Dec. 21
- Marcia Clendenen, Jan. 7

## Open house

- ISU Chemistry Stores, Dec. 22

**Arts & events**

Madrigal Dinner

**Dine with medieval royalty**

The music department will present its 45th annual madrigal dinner Jan. 15-16 in the Memorial Union Great Hall.

**Honors & awards**

- Norman Cheville, Christa Irwin and James Roth
- Facilities planning and management
- John Thompson

**Around campus**

ISU faculty address how to re-tool

**business education**

The faculty and staff of Iowa State's College of Business are discussing how best to prepare future generations to prevent another financial collapse and economic meltdown.

**Inside tools**

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### **A good water day**

Lancelot and Elaine wait out the cold on a patch of open water on Lake LaVerne earlier this week.

*Photo by Bob Elbert.*

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## Team assignments made for cross-unit reviews

by Anne Krapfl

As part of the process to build an FY11 university budget, five small teams of faculty and staff will use the next 10 weeks to review functions or programs that cross administrative or academic units. The five teams are reviewing:

- Student success and academic support programs in central units and the colleges
- All graduate programs
- International activities in central units, the colleges and ISU Extension
- Diversity, multicultural and women's issues programs in central units and the colleges
- Undergraduate student recruiting efforts in central units and the colleges

The five were selected for the large volume of administrative work that happens under their umbrellas. Executive vice president and provost Elizabeth Hoffman identified them after soliciting ideas from senior leaders and the university budget advisory committee.

Membership of the  
five cross-unit  
planning teams

Hoffman wrote in a Dec. 2 memo to senior leaders that it's time "to consider a future in which we will continue to serve our basic, core missions, but we will do so in different ways."

The university's FY11 budget will be at least \$63 million lighter in state funding over what it was just 18 months ago -- on July 1, 2008. That includes a reduction to the FY10 budget on July 1 and a \$24.5 million mid-year reversion. Further reductions in state support are possible during the upcoming legislative session. The \$31.5 million in federal stimulus funds awarded to Iowa State for FY10 also will go away on July 1. Cumulatively, this has created an environment in which "departments and programs may be eliminated or restructured. I know that service levels will change," Hoffman wrote.

### The assignment

The purpose of the teams is to gather information about what programs are provided, said Ellen Rasmussen, associate vice president for budget and planning. She said the teams will identify where there is overlap among programs and services and where there appear to be opportunities for new or additional collaboration. But they will not be asked to make recommendations for changes.

That task still will be left to the groups and individuals normally responsible for developing budgets. The teams' reports will be shared widely with senior leaders, budget advisory groups and employee representative groups, as well as posted on the [budget and planning web site](#).

A few other notes about the planning teams:

- Individual members are not representing their college or unit. They were selected for their knowledge of those kinds of activities in their area, but will gather information from multiple units.
- Neither college activities nor central unit activities will be viewed as preferential over the other.
- Review teams' reports are due by March 1, 2010.

### Providing input

Rasmussen noted that not every college or unit relevant to that activity is represented on every team.

But they all will have the opportunity to provide information, she said. Any unit that provides programs or services in an area being reviewed should expect to be contacted. If, by mid-January, they have not, they should contact the liaison on the team from the executive vice president and provost office.

"This planning work has the potential to expand into future budget years," Rasmussen said. "We hope people will focus on the activities and how we can do them better -- not just with an eye on FY11. It might take us one or two or three years to get there."

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## Be prepared for the extended winter break

by Paula Van Brocklin

Before you leave the office for winter break, imitate Santa Claus by making a list (and checking it twice).

A partial university-wide shutdown Dec. 24 through Jan. 3 to help alleviate a state-mandated 10 percent budget reduction means employees should take extra steps to prepare for their absence. The following checklist is a start, but there may be additional tasks necessary for your particular work environment. Contact your supervisor with questions specific to your unit.

### Energy-saving suggestions

- Shut down all computers, printers and other accessories, such as speakers. Leave your office computer on if you need remote access from home. However, still power off the monitor, printer, speakers, etc. A computer's sleep mode uses less energy than full power, but information technology services recommends shutting down computers completely to protect data. A machine may be left on during break if it's providing access to a critical application. If possible, plug computers and printers into a power strip and then shut off the power strip before you leave.
- Turn off and unplug copiers.
- Shut off and unplug small appliances, like coffeepots.
- Unplug all cell phone, MP3 and personal digital assistant chargers.
- Check faucets in bathrooms and break rooms to make sure they are completely turned off and not dripping. If you notice a dripping faucet, contact your building's maintenance team.
- Facilities planning and management staff will adjust building temperatures centrally upon request. If you can manually adjust the thermostat in your office, turn it down to 65 degrees.
- Close fume hood sashes completely or open them only minimally.
- Shut down unnecessary climate-controlled plant growth chambers.
- Shut down cooling water systems to eliminate potential flooding issues.
- Remember to turn off your office lights and as much public lighting (hallways, bathrooms, conference rooms) as possible before you leave.
- Check windows to make sure they're shut tight.

### Special hours

Check **winter break hours** for athletics events, museums, recreation facilities, Reiman Gardens and more.

### Communication considerations

- If your department is closing over break, discuss how to handle incoming phone calls. One option is to funnel all departmental calls to one voicemail box, which will be checked periodically by designated employees during the break. Employees also should change their personal voicemail messages. Following are some guidelines for both departmental and personal voicemail messages:
  - a. Indicate that due to the holidays and severe budget conditions, your office is closed from (date) to (date).
  - b. Mention when you will return calls or if you plan to check messages while you are away.
  - c. If necessary, include an off-campus number where you can be reached.
- Put an out-of-office reply on your e-mail, indicating that you are out of the office until a certain date. Indicate whether or not you plan to check e-mail while you are away.

**And if there's time**

- Clean out and defrost community refrigerators.
- Move live plants accustomed to artificial office lighting to a nearby window.

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**Winter break: special hours**

Due to holidays and extreme financial conditions, much of the university will be shut down from Dec. 24 to Jan. 3. Following is a compilation of plans made by some of the campus units you might hope to use during this time:

**Athletics ticket office**, Jacobson Athletics Building

Dec. 24, 25 and 28, Jan. 1: Closed

Dec. 29-30: Noon-3:30 p.m. (4-7:30 p.m., staff at Hilton ticket office)

Purchase tickets anytime at [www.cyclones.com](http://www.cyclones.com)**Basketball games**, Hilton Coliseum

To be played as scheduled (weather permitting)

**Brunnier Art Museum** (290 Scheman)

All current exhibitions end Dec. 23

Dec. 24-Jan. 3: Closed

Jan. 4-11: Closed for exhibition installation

**Christian Petersen Art Museum** (1017 Morrill)

Dec. 12-18: Closed for exhibition installation

Dec. 19-Jan. 10: Closed

**Farm House Museum** (central campus)

"Thomas Nast Christmas" exhibition ends Dec. 18

Dec. 19-Jan. 10: Closed

**Hotel Memorial Union**

Closed the nights of Dec. 24 through Jan. 1, reopens Jan. 2

**ISU Dining**[Winter break hours](#)**ISU Postal and Parcel**

Dec. 28-31: No shutdown planned; regular service to buildings that are not locked and until building mail drop locations are full

**Lied Recreation Center/Beyer Hall**

Dec. 24-25, Jan. 1: Closed

[Winter break hours \(pdf\)](#)**Maintenance Shop ticket office**, Memorial Union

Dec. 21-Jan. 1: Closed

**Memorial Union** (Includes public meeting spaces; unit offices may keep different hours; parking ramp accessible all days)

5 p.m. Dec. 23-8 a.m. Dec. 26: Building closed

Dec. 26-27: Building open 8 a.m.-8 p.m.

**Before you leave**

Here are some [energy-saving suggestions and communications tips](#) for offices that will close over break.



Dec. 28-31: Building open 8 a.m.-9 p.m. (closes at 5 p.m. Dec. 31)  
5 p.m. Dec. 31-8 a.m. Jan. 2: Building closed

**Reiman Gardens**

Dec. 25 and Jan. 1: Closed  
Butterfly Blizzard exhibition runs through Jan. 3  
Fern exhibition in the conservatory runs through Dec. 31

**University Book Store, Memorial Union**

Dec. 24-27, Jan. 1-3: Closed  
Open regular break hours on other days

**University Library (all sites)**

Dec. 24-Jan. 3: Closed

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Dec. 17, 2009



Patients enjoy therapeutic card playing in the 30s-era hospital on the Iowa State campus. *Photo from University Archives, 1935.*

## 125 years of student health care at Iowa State

by Annette Hacker, News Service

Delve into the early days of health care at Iowa State, and you'll find the stories as captivating as those in any novel. The university's health history is a real page turner -- from the altruistic and forward-thinking motives in establishing a college "health service," to the quaint turn of phrase here and there, to some gritty details about late 1800s sanitation described (by Iowa State's first physician) as "a most frightful state of affairs."

But more about that soon enough.

ISU has had a student health center, in one form or another, for 125 years this fall. Iowa State was among the first colleges in the country to open a student hospital (1884) and to have its own physician or health officer (1877). In the late 1800s, only about a dozen U.S. colleges and universities employed full-time physicians, and most of them practiced at places such as Harvard, Yale, Johns Hopkins, Vassar and Wellesley.

The college health movement grew out of departments of "physical education," "hygiene," or "sanitation," with a healthy dose of intercollegiate athletics thrown in. In short, early college medical facilities were born out of need, and the physicians who ran them juggled any number of jobs -- including town doctor, professor and football coach.

The beginnings of Iowa State's student health center were no different.

A history of health service at then-Iowa State College, penned by Dr. J. F. Edwards, professor of hygiene and head of College Health Service (1921-36), noted, "Iowa State from the very beginning has

**Health Center  
highlights**

always been solicitous for the health and welfare of her students. With college, the village of Ames grew apace and soon outstripped the formerly more pretentious villages of Ontario and Nevada."

See Student Health Center's [125-year timeline](#).

Ames attracted fine doctors, although there was no local hospital (Mary Greeley didn't open its doors until 1916). Among the physicians practicing in Ames was Dr. David Fairchild, who founded the county medical society before being elected the first college health officer in 1877 ("without salary of course"), records indicate.

At that time, there had been considerable sickness at Iowa State in the nine years since classes had begun. The situation culminated in 1877 with 25 cases of typhoid fever (four victims died) and 19 cases of malaria. (Student enrollment at the time was 260.) Fairchild and a committee began to study the causes of student disease.

It didn't take them long to discover why people were getting sick.

### **Old Main was a sick building**

Old Main, which housed the entire college for its first few years, was jinxed. Built in 1868, Old Main stood for only 34 years. There were classrooms, a library, chapel, dining halls and residences for faculty and staff. The building was troubled from the start, and eventually became a living monument to financial woes, architect changes and substandard construction.

President Adonijah Welch knew he had a problem on his hands as early as 1870, when he reported the building "was destitute of all those conveniences which would put it in fit condition for the reception of students. With a singular lack of foresight, the architect had completed the structure without making any provision for lighting, heating, supplying with water, or for adequate drainage."

Expensive modifications were made, but they weren't satisfactory. By 1877, Fairchild and his colleagues discovered badly leaking sewer and water pipes in Old Main, inadequate ventilation and foul-tasting and smelling drinking water. The college sealed off the old sewage system and constructed a new one that emptied into Squaw Creek.

Old Main was damaged by an 1882 tornado and ultimately destroyed by fires in 1900 and 1902. College leaders didn't waste any time to begin construction on a new, improved central building in 1903. You know it as Beardshear Hall.

### **First Iowa State hospital**

In 1882, Iowa State leaders pressed on, outlining the need for a college hospital. President Welch (in the 10th biennial report) wrote, "A College Hospital which could be built at a limited expense would thus enable us, in nearly all cases, to save the suffering, if not the lives, of the young people committed to our charge."

Iowa State's first student health center was built in 1884, where the Memorial Union now stands. It was called the Sanitary Department -- an effort to allay parents who might be alarmed by the need for a hospital at the college. It was a modest, two-story frame building, constructed around the same time as a more expensive, brick veterinary hospital. The Veterinary Department also claimed the first floor of the Sanitary Building for offices and a museum, leaving only the second floor for sick students.

President William Beardshear already was advocating a remodel of the hospital by 1893, and that occurred during the 1894-95 term at a cost of \$700.

After the death of President Beardshear, President A.B. Storms again called for better facilities, for the hospital was crowded and it hadn't been built for winter use. "It is commented on by visitors that the college has made better provisions for its cattle and sheep than for its sick students," he wrote in his

1905-06 biennial report.

By 1907, Iowa State's hospital had moved to the West Boarding Cottage, where it would remain until 1918. The "little red hospital" routinely accommodated up to a dozen patients, and could care for as many as 20 to 30 during an epidemic. The building continued to be used as an isolation annex to the "new" hospital (Student Services Building) until 1933.

### **Health promotion and disease prevention**

The early physicians who ran Student Health from its beginning through the mid-1930s -- Drs. Fairchild, Harriman, Tilden, Paine and Edwards -- were concerned not only with taking care of ill students, but also with their overall health and wellness. In the early 1900s, physical education was required for Iowa State freshmen and sophomores, who were treated to lectures in student habits, college spirit, hygiene and disease carriers, among other topics. Home economics majors received an even bigger dose of phys ed coursework, and they were the only ones to receive credit for it. Despite efforts to make physical education credit courses for all, "the deans of the other divisions claimed that their curricula were already crowded to the full."



A pharmacist and lab technician work in the Iowa State hospital pharmacy. *Photo from university archives, 1935.*

Iowa State doctors monitored sanitary conditions at the college and in the community. They were activists, pushing for ordinances to improve milk and restaurant inspection and waste disposal. They worked to ensure a safe water supply.

When a proposed restaurant ordinance failed, Edwards took matters into his own hands and inspected off-campus cafes and ice cream parlors frequented by students. Violators cleaned up their restaurants only after Edwards threatened to publish a list of approved establishments -- decades before TV reporters would think to produce "Dirty Dining" exposés during sweeps week.

### **Other duties as assigned**

Harriman, an Iowa State alumnus who served as college physician from 1894 to 1907, also taught 18 lectures and two lab classes each week in the veterinary department. History remembers him fondly as "a man of exceptional ability and devotion to his profession." After battling a typhoid epidemic on campus, he asked to be relieved of his duties as veterinary professor so that he could focus entirely on his medical practice.

W.C. Paine, who served as head of the health service and director of physical education after Dean Samuel Beyer merged the two departments around 1919, also coached the football team.

### **Thielen Student Health Center today**

The university hospital is long gone, but Thielen Student Health Center (TSHC) continues to care for Iowa State students. The health center includes a full-service pharmacy, laboratory and X-ray facilities, and a wellness center focused on vital topics for students: fitness, nutrition, stress management, smoking cessation, alcohol and drug education and sexual health. There is a peer education program, as well as leadership opportunities for students through the Student Health Advisory Committee.

In addition to routine office visits, TSHC also provides travel immunizations, immigration physicals, allergy shots, sports medicine and more. During much of the center's 125th anniversary year, physicians have been busy treating students with flu-like illnesses. TSHC has played a major role in the public health campaign to help prevent the spread of H1N1 influenza on campus, and to encourage

those eligible to get vaccinated.

Thielen Student Health Center has a staff of 77, including 10 physicians and two advanced registered nurse practitioners who see more than 33,000 patients each year. Dr. Fairchild, who cared for Iowa Staters in the cramped, drafty upstairs of the first campus hospital, surely would be pleased with such progress.

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RETURN TO: [125 Years of Student Health Care at Iowa State](#)

## Student Health Center: 125-Year Timeline

- 1877 Dr. Fairchild and fellow Sanitary Committee members borrow \$1,200 from Union National Bank to build a new sewer in Old Main. The Legislature eventually reimburses them.
- 1884 Students supporting Iowa State's first student health center pay 60 cents per term.
- 1893 Student health center fees are \$1.25 per term.
- 1900 Typhoid epidemic -- 65 cases; five deaths. Tainted milk from a local farmer is at least partly to blame. All milk served on campus is either pasteurized or sterilized from November 1900 forward.
- 1901 Student health center fees are about \$2.50 per semester.
- 1907-1918 West Boarding Cottage serves as the college hospital.
- 1918 New \$50,000 hospital is opened in what is now known as the Student Services Building.
- 1918 College hospital is used as a base for pneumonia patients during Spanish Influenza epidemic.
- 1920 All students, faculty and staff are vaccinated for smallpox.
- 1923 Five full-time medical staff members work at Iowa State's student health center.
- 1924 East wing added to hospital and Student Health Center. Modern X-ray equipment is installed. Hospital has a capacity of 90 beds without crowding.
- 1930 Dr. Kalar begins examination of all freshmen women for "anemic conditions."
- 1935 Entering women at Iowa State average more in both height and weight than the average at eight other leading universities, including Wisconsin, Minnesota and Texas.
- 1937 40 students have surgery.
- 1939-40 Health center closes for remodeling.
- 1967 Health center is renovated, providing an ambulance access platform at the west end of the building.
- 1972 College hospital closes. The building (now Student Services Building) is extensively remodeled to accommodate the Dean of Students Office and Student Counseling Service. Student Health Service remains in the building until 1997.

- 1997 New Student Health Center building between Beyer and Westgate halls is completed at a cost of \$6.1 million.
- 2001 Student Health Center is officially named for Thomas B. Thielen, vice president emeritus for student affairs.
- 2004 Thielen Student Health Center is accredited by the Accreditation Association for Ambulatory Health Care.

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Dec. 17, 2009

## **Commencement events set for Dec. 18-19**

by Teddi Barron, News Service

An estimated 1,581 students will receive degrees during winter commencement events Dec. 18-19.

The undergraduate ceremony will begin at 1:30 p.m. Saturday, Dec. 19, in Hilton Coliseum, where an estimated 1,241 students will receive bachelor's degrees. Dr. Patricia Quinlisk will address the graduates. She also will receive an honorary Doctor of Science from Iowa State in recognition of her work as Iowa's state epidemiologist and medical director of the Iowa Department of Public Health.

As Iowa's chief medical officer, Quinlisk is a leading state and national figure in public health epidemiology, infectious diseases and bioterrorism. For more than 30 years, she has been a microbiologist, medical epidemiologist and public health professional, working in hospitals, clinics, laboratories and public health agencies around the globe.

Quinlisk served as a Peace Corps volunteer in Nepal, a medical clerk at hospitals in Alaska and Micronesia, and an epidemiologist for the Centers for Disease Control. Before becoming Iowa's state epidemiologist in 1994, she held the same post for three years in Oklahoma.

Quinlisk holds adjunct faculty appointments at Iowa State, the University of Iowa, Des Moines University and the University of Wisconsin, where she teaches and presents lectures on a regular basis.

### **Graduate ceremony**

The graduate commencement ceremony will begin at 8 p.m. Friday, Dec. 18, in Stephens Auditorium. An anticipated 238 master's students and 102 Ph.D. students will receive their degrees.

University Professor Joe Sebranek will address the graduates. He is a Charles F. Curtiss Distinguished Professor in Agriculture and Life Sciences and professor of animal science, and food science and human nutrition.

Sebranek's teaching and research in meat science has focused on meat processing and food safety. He has served as major professor for 20 doctoral students and 44 master's students. Since 1994, he has served as the animal science department's director of graduate education. He has received teaching, research and mentoring awards at Iowa State. He is a fellow of the Institute of Food Technologists and the American Society of Animal Science.

Tickets are not required for the graduate and undergraduate ceremonies.

### **College events**

Nearly all of the colleges will honor their graduating students during their own ceremonies and receptions Friday or Saturday. A complete list of [commencement events](#) is online.

The ISU Alumni Association will host a free reception for all graduating students and their families Saturday afternoon immediately following the undergraduate ceremony (approximately 3-5 p.m.).



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## **Parking lots near State Gym are closing soon**

Two parking lots near State Gym will become a construction site sometime over the next few weeks. The lots will be closed during the State Gym remodeling and new building construction.

Lot 1, a general staff parking lot with 125 stalls, and Lot 59A, a student lot with 215 stalls, may be closed as early as the week of Dec. 21, said parking manager Mark Miller. The two lots are adjacent to each other, just west of Eaton and Martin halls.

Miller advises faculty and staff who've been using Lot 1 to check the [facilities planning and management parking map](#) to find all the locations of general staff parking. When students return from break they will need to park in the lots designated by their permits.

General staff parking in lots 12 (west of Communications Building), 28, and 29 (north of Molecular Biology) may be the best alternatives. There is some limited availability for reserved parking in lots 11, 50A, 57, and the upper level of the East Campus Parking Deck.

The State Gym addition will permanently cover much of the two parking lots; however, some of the stalls in the southern portion of the lots will be recovered when the State Gym project is completed.

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*Contributed photo.*

## Dine with medieval royalty Jan. 15-16

by Erin Rosacker

Tickets are available now for the 45th edition of the music department's **madrigal dinner**, Jan. 15 and 16 in the Memorial Union Great Hall.

A fully costumed medieval court accompanies King James and Queen Anne at the royal banquet, which features theatrical performances, singing and dancing in the midst of the candlelit hall. Entertainment includes performances by the **Iowa State Singers**, **The Music Men**, **Musica Antiqua** and **Orchesis II**.

"We hope to bring our audience back 400 years to Merrie Ole England," said James Rodde, music professor and madrigal dinner co-director. "This year the jester and joustier vie to be the King's jester, Robin Hood makes an appearance and 'Julio and Romiet' tell their story."

Each night, a 5:30 p.m. social hour precedes the fanfare processional into dinner at 6:30 p.m. Roast pork headlines the three-course meal, but a vegetarian option is available by request. Salad, herb roasted potatoes, squash with wild rice and plum pudding also are on the menu. A cash bar is available during the social hour and wine is available during dinner.

Tickets are \$40 (\$36 for ISU students and seniors), and can be purchased in person or by phone (4-8349) at the MU ticket office (11 a.m.-5 p.m., weekdays); or by mailing a completed **order form**.